

TIDINGS

ALLENTOWN RESCUE MISSION



Serving the entire Lehigh Valley since 1900

From Gary's Desk:

A Letter From an Alcoholic

It was a short message, handwritten on a little piece of note paper.

"To Gary Millsbaugh," it began. "Sir, I wish I could send more but this is all my income will allow. I want to thank you for all you did for me. I'm a alcoholic, but I haven't drank any since I left the Mission."

He signed his name and I remembered him as soon as I read it. It was a few years ago, and it brought back memories of how he struggled. But he slowly made progress. Now, he has a local address, and it's been years since he was homeless.

It is, of course, gratifying to get a note of appreciation from a Mission "graduate." The meaning of the note is deeper. The Mission had a positive and lasting impact on his life. We try to do this for hundreds of men every year. We have many successes, and some failures. Even when our graduates leave with new confidence and happiness,

(continued on back page)

"I Was Going Down the Wrong Path"

Word about our highly successful Life Recovery Treatment Program has spread far and wide as men who've graduated from this state-licensed residential program tell others about the help they received and the major changes it has made in their lives!

That was certainly the case with Ronald, who heard about the program from a friend in Florida, and traveled all the way to Allentown to get help. "I was living a life I shouldn't have been... addicted to drugs. I needed to find the path for living the right way."

Our Gateway Center emergency shelter was Ronald's first stop. There he found nutritious meals, a warm bed, clean clothing and the encouragement he needed to take a closer look at his problems and the solutions the Mission offered.

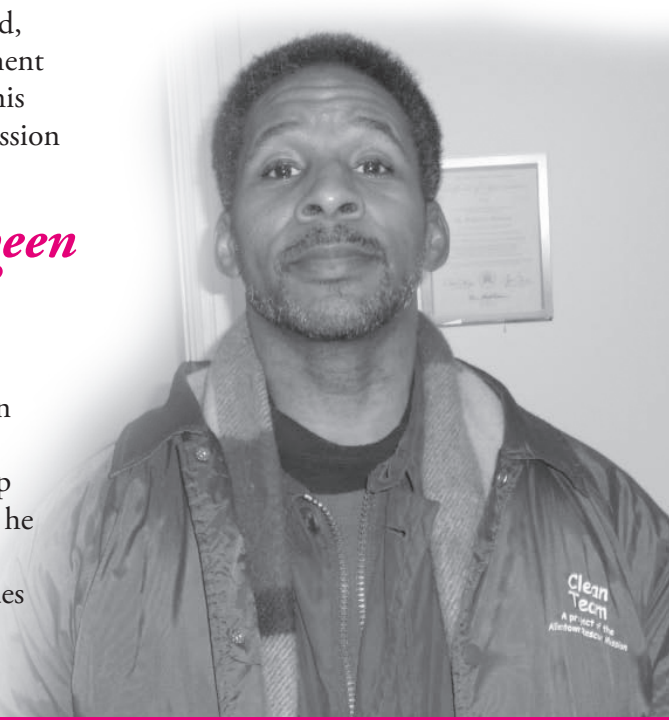
"The Mission has been a real blessing."

Ten years of drug use and the problems underlying that addiction are not solved overnight. So when Ronald graduated from our 12-step Life Recovery Treatment Program, he decided to stay on at the Mission.

Our Christian Living and Values Transitional Program offered the

additional support Ronald needed to restore himself physically and spiritually. In addition to morning devotions and daily Bible study, participants learn healthy coping skills and gain the knowledge and tools that will help them return whole and healed to their families and the community.

Instead of returning to the streets and their addictions, men like Ronald learn that there is a better path in life; a path that leads to restored relationships with friends and family and Christian relationships with others in the community through regular church attendance.



355 Hamilton Street ♦ P.O. Box 748 ♦ Allentown, PA 18105 ♦ 610-740-5500 ♦ www.AllentownRescueMission.org

YES, I'll help the Mission celebrate "Christmas in July."



Here's my gift to provide food, shelter and care:

- \$XX.XX to help feed and care for X people
- \$XX.XX to help feed and care for X people
- \$XX.XX to help feed and care for X people
- \$_____ to help feed and care for as many as possible
- This is my Changed Lives Club gift for June

Bill my credit card VISA MC

CREDIT CARD # _____ CIV/SEC # _____

EXP. DATE _____ PHONE # _____

E-MAIL _____

Donate online at www.AllentownRescueMission.org, or call 610-740-5500 ext. 26.

Donor Name
Donor Address
Donor City, State Zip



Allentown Rescue Mission
P.O. Box 748
Allentown, PA 18105-0748



From Gary's Desk...

(continued from front page)

we worry about them just a little, as a parent would worry when a son goes off on his own for the first time.

When I got this note, I felt only joy and satisfaction. A note like this tells me that the Mission has made a powerful and lasting difference in many lives. It is a rewarding experience to see a "client" of our services become a "contributor" in support of them. Cash contributions are important, and getting a note like this and reading it is... priceless.

In His Service,

Gary F. Millspaugh
Executive Director

Mark Your Calendar for Our Flapjack Frenzy at Applebee's

Mark Saturday, July 10 on your calendar for the Mission's Flapjack Fundraiser at Applebee's. Locations include Allentown, Bethlehem and Trexlertown.

Be a volunteer or get tickets.

For details visit

AllentownRescueMission.org.

Family Fun at Kutztown Festival Helps the Mission

The Kutztown Folk Festival continues their commitments to both family fun and helping the needy here in our area. Enclosed you will find special coupons for \$2 off of the cost of admission to the Kutztown Folk Festival — July 3-11, 2010.

The Kutztown Folk Festival will donate \$1 for each Allentown Rescue



Mission coupon that is redeemed at the festival. Why not enjoy a day of affordable family fun at the festival, receive your discount, and help the Mission all at the

same time? For more information and directions, visit our website at www.AllentownRescueMission.org.

Something to Crow About!

The Kutztown Folk Festival presented "The Chicken Feed" Dinner in support of the Mission on May 1. Over 321 hungry folks enjoyed a hearty chicken dinner at Asbury United Methodist Church in Allentown. This was an evening of food, fun and fundraising to benefit the Mission and its life-changing programs.

Special thanks to our "Super Chicken" sponsor, The Kutztown Folk Festival and to our "Big Bird" sponsor Mr. Bill's Poultry Market (located at the Allentown

Fairgrounds Farmer's Market) for their support of the event and raising awareness of the Mission.

We're also thankful for our "Nest Egg" and "Flock" sponsors, suppliers and volunteers for doing a tremendous job. We raised a total of \$19,051 to change lives. Thank you!

To learn more, visit www.AllentownRescueMission.org.

Help is Just a Click Away

AllentownRescueMission.org is loaded with stories of hope, news, updates and ways you can help needy people right here. We want you to know what's happening now and what's coming up so you can be personally involved in changing and restoring lives.

For more information about our Life



Recovery Treatment Program, we have created an additional Web

site for those facing addictions or referring someone for treatment. Check out www.YourLifeRecovery.org.

RUNNER'S WORLD Steps Up to Help the Mission

For the second year, the Allentown Rescue Mission has benefited from *Runner's World* magazine's annual employee shoe sale. *Runner's World's* Lori Adams said, "I am happy to report that once again our shoe sale was a tremendous success. *Runner's World* raised over



\$7,000 and all of the money will be donated to the Mission. People seem very happy that we are benefiting the Mission, staying local, and helping our community. One lady wrote a check for more than she bought as a donation to you. It's all good!" In addition, the Mission received 64 pairs of shoes. Indeed, it's all good. Thanks *Runner's World!*

Christmas in July?

Everyone loves Christmas! The celebration of our Lord's birth is a time of hope and joy when we also reach out to those who are less

fortunate — sharing His blessings with neighbors who are alone, troubled or in need.



Christmas is also a time when

those who support this ministry are most generous. In fact, over the holidays, we receive about 57% of our

gifts for the entire year! We are the best stewards we can be, but sometimes, by summer, we start to feel the pinch.

So even though the holidays are still many months away, we would like to encourage you to share the joy and hope of the season — help us celebrate "Christmas in July" by providing the food, shelter and care many in this community so desperately need.

You can mail your Christmas in July gift in the enclosed envelope, or give online at www.AllentownRescueMission.org.

TIDINGS™

Rescue, rehabilitation, and restoration for people in crisis.

Executive Director
Gary F. Millspaugh

Board of Directors

Tom Gibson / *President*
John Kerckmar, C.P.A. / *Vice President*
Tim Gemmel / *Secretary*
Will Hahn / *Treasurer*
Dean Browning / Dr. Laurence Karper
Dale Heffner / Gary Millspaugh
Nancy Heilman / Melanie Sanchez-Jones
John Ihm / Richard Klotz
Evev Vega / Dr. Wayne Stuart
Brad Osborne

The Allentown Rescue Mission is a registered Pennsylvania charity. Official registration and financial information may be obtained from the Pennsylvania Dept. of State by calling toll free, within PA 1-800-732-0999. Registration does not imply endorsement.

TIDINGS is funded by private donations, not government money.