

# 2010 Calendar Year Report Allentown Rescue Mission



## Our Purpose:

**Rescue, rehabilitation and  
restoration for people in crisis**

## Our Core Values:

**Christ-centered  
Compassion  
Restoration  
Enrichment  
Excellence  
Leadership**



Ray, a graduate of our Christian Living & Values Program, helped distribute important information to local businesses about how to help unsheltered homeless people. Several individuals died in December 2010 in extreme cold weather.

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Completing the Christian Living and Values Program is one of many goals the men set for themselves. These men achieved that goal when they successfully graduated in Session 6 of 2010.

## From Gary Millspaugh, the Executive Director

Challenge and opportunity. Every year is filled with challenges when your mission is to help homeless men. But 2010 was especially challenging here at the Mission, on every level.

Our clients face monumental challenges: Can I change? How can I start over? Where do I begin? How do I work my way out of homelessness?

Our staff faces many challenges for each man who walks through our door. There are problems to solve, addictions to treat, broken spirits to minister to. It's a challenge to help someone to pick up the broken pieces of his life, put them back together, and to form a future; hopefully one brighter than it was before he became homeless.

This economy has brought many challenges. More individuals are seeking emergency shelter at our Gateway Center, and they cite losing their jobs and then their apartments as the main causes of their homelessness. Staff was challenged to make do with less, and for the first time ever, we were faced with the difficult decision to downsize one of our programs.

But as we face these challenges squarely, and encourage our clients to face theirs as well, we begin to discover the amazing opportunities that walk hand-in-hand with the challenges we face. There are opportunities for God to intervene, for the men to dig in, hold fast, and experience a strength far beyond themselves.

We thank you for being someone who has stood with us during these challenges, and who has helped us offer amazing opportunities for the men who sought help here in 2010.

In His Service,



Gary F. Millspaugh, Executive Director

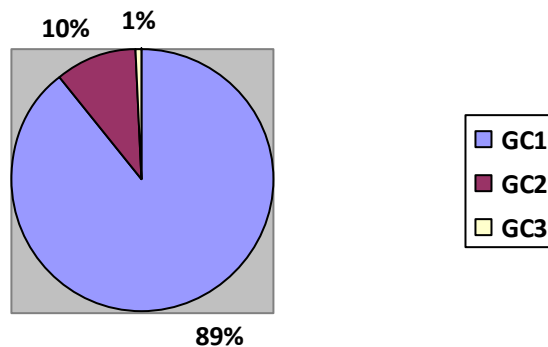


**Gary Millspaugh**  
***Executive Director***

# Gateway Center

The Gateway Center (Emergency Shelter) is the most basic of the Mission's programs, and the entry-point for the Mission's long-term programs. The Gateway Center has a 14-day limit, to encourage guests to make a commitment to change their lives instead of just receiving "3 hots and a cot." While Gateway Center guests do receive food, clothing, shelter, they also receive much more: assessments for needs, referrals for appropriate resources, and invitation to hear the Gospel message through nightly chapel services provided by local churches, and through pastoral counseling sessions with our full-time chaplain.

## 2010 Gateway Center Admissions



In 2010, **733** individuals were served by the Gateway Center

**655** once (GC1)

**72** needed services twice this year (GC2)

**6** needed a third time (GC3)

**0** guests were enrolled a fourth time, or more



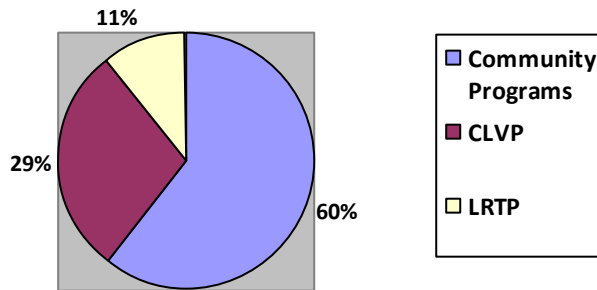
In December 2010, in response to the deaths of several unsheltered homeless individuals, the Mission launched Operation WARM to raise awareness and support.

# Gateway Center's Referral/"Placements" Made

The unique feature of the Gateway Center is that in addition to the admission intake for each guest which obtains demographic and other factual data, there is a separate interview which is called a the "WYN" (What You Need) Assessment. This helps staff interpret and assess the guests' needs so staff can make appropriate recommendations and referrals to both in-house and community resources which will address those needs. In 2010, 574 WYNs were completed; 81 % of all enrollments; this is consistent with 2009, when 591 WYNs were completed which was 82% of all enrollments.

A referral goes beyond merely suggesting a guest get involved with a resource; a referral requires that the guest supply verification of placement.

**2010 Gateway Center  
Referrals/"Placements" (320)**



**In 2010, the Gateway Center helped guests make these connections for services.**

- 193** referrals to various community programs
- 92** referrals to Christian Living and Values Program (CLVP)
- 35** referrals to Life Recovery Treatment Program (LRTP)



Richard sought shelter at the Gateway Center when he became homeless following an accident. A drunk driver hit him as he walked home one evening, and he wasn't expected to walk again.

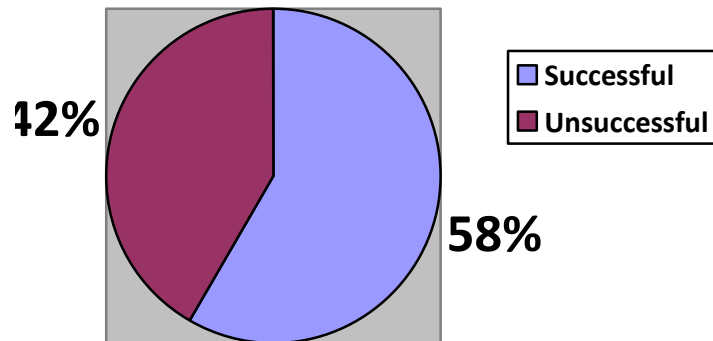
# Life Recovery Treatment Program

The Life Recovery Treatment Program continues a long tradition of providing drug and alcohol treatment for homeless men. Licensed by the PA Department of Health in 1997, the LRTP combines clinical and cognitive treatment with faith in Jesus Christ. In 2009, the program increased its official capacity to 24 beds for inpatient drug and alcohol treatment program, from its previous 16 beds. The program continues to provide FREE treatment for clients committed to treatment who lack funding sources.

Clients receive individual counseling and care coordination as well as group therapy. Groups include 12 Steps, Coping Skills, Relapse Prevention, Spirituality and Recovery, Men's Issues, and others. Participants also attend traditional drug and alcohol 12 step meetings both in-house and off-site as well as Bible Study and chapel.



## 2010 Life Recovery Treatment Program Results (91 clients)

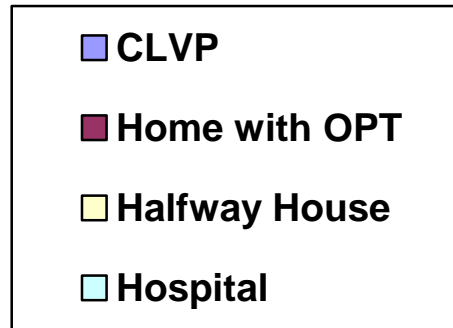
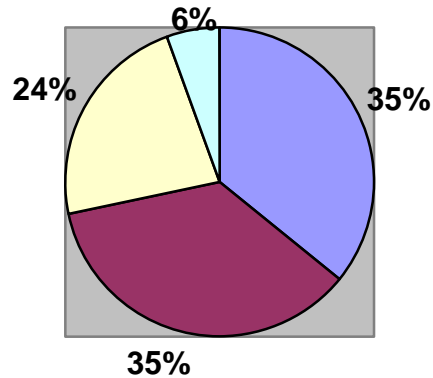


In 2010,  
91 were admitted into the LRTP  
91 discharged (by December 31, 2010)  
53 successful  
38 unsuccessful

A successful discharge is defined as when a client: completes his treatment plan; is discharged With Facility Advice; and has an approved aftercare plan.

# Life Recovery Treatment Program

## 2010 Life Recovery Treatment Program Successful Discharges (53 clients)



### 53 Successful Completions

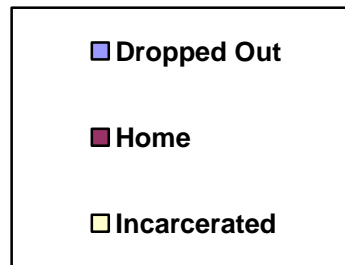
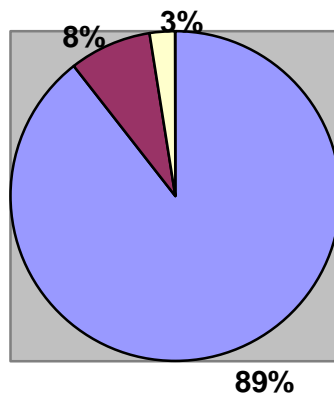
**19** enrolled in the Mission's Christian Living and Values Program (CLVP)

**19** returned to their homes with an outpatient treatment plan (OPT) arranged for aftercare

**12** were accepted in sober shared living arrangement (Halfway House)

**3** were transferred to an inpatient hospital setting (hospital)

## 2010 Life Recovery Treatment Program Unsuccessful Discharges (38 clients)



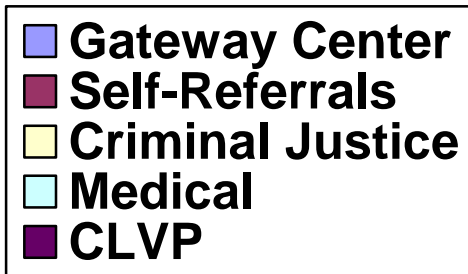
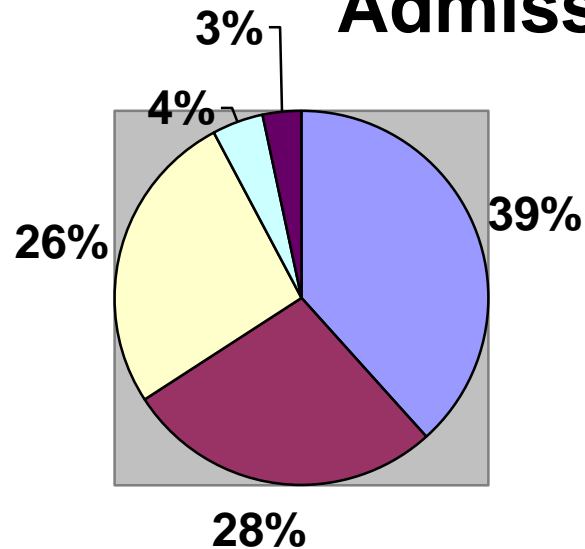
### 38 Unsuccessful Discharges

**34** dropped out without a forwarding address or outpatient treatment

**3** went home without an outpatient treatment plan

**1** was re-incarcerated (violated parole and returned to prison)

## Life Recovery Treatment Program Admission Referrals (91 clients)



### Referral Sources

35 Gateway Center  
25 self-referrals  
24 criminal justice system  
referrals  
4 medical facilities  
3 Christian Living and Values  
Program (CLVP)

In 2010, clients of the Life Recovery Treatment Program came from five major of referral sources: the criminal justice system, such as prison, probation, and parole; the Mission's Gateway Center (Emergency Shelter); self-referrals; medical facilities; and the Mission's Christian Living and Values Program.

# Christian Living and Values Program

The Christian Living and Values Program (CLVP) is a Christ-centered residential program focused on helping homeless men end their homelessness and return to the community. The program has four phases: from the waiting list to permanent housing, which can provide up to 18 months of services. One of the components of the Christian Living and Values Program is Life Skills education, in which the men commit to 8 weeks of classes, including Bible study, emotional support classes, basic computer skills and employment readiness classes, which includes three sessions per week on the Mission's Clean Team. Clients also receive individual case management for guidance in accessing resources from outside service providers.

## Success Formula

The one key factor in the success of CLVP clients is the role of faith. Those clients who accept Jesus Christ as their Lord and Savior or who rededicate their lives to Jesus Christ and regularly attend a home church, and participate regularly in a men's supportive group (such as AA, or men's Bible study) have a 100% success rate in living successfully and independently in the community.

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CLVP is evangelistic, intending to provide homeless men the opportunity to accept Jesus Christ as their Lord and Savior and begin a lifestyle of walking with Christ. Some of the program clients have already accepted Jesus Christ but have "fallen by the wayside." The Christian Living and Values Program allows these fallen men the opportunity to get up, dust themselves off and start again. We believe that once a man accepts Christ as his personal Savior and turns from his former lifestyle, he will begin striving to live a self-sufficient life, earning a paycheck, attending and eventually joining a church, taking care of his family and becoming a respected member of our community.

In 2010, all successful clients moved on, having employment or a Social Security Disability income. They also had established a relationship with a local home church and followed through with weekly aftercare meetings at the Mission.

## Basic requirements for admission to the Christian Living and Values Program (CLVP) are:

- \*A willingness to change.
- \*An acceptance that one's current lifestyle has caused his homelessness.
- \*An agreement to comply with the rules and regulations of the CLVP.

The Christian Living and Values Program does not discriminate, and accepts men from many belief backgrounds. Being a "born again" Christian is not necessary for acceptance to the program. All candidates are required to attend Bible study and chapel services.

# Christian Living and Values Program

CLVP has four progressive phases:

In 2010, 132 men participated in the Christian Living and Values Program. Of the 132, 23 were found appropriate for the Day Program, but left before entering Phase 1. We consider those 109 entering Phase 1 the CLVP applicants.

**Waiting List (Phase 1)** – Clients are assessed for medical, mental health, welfare, criminal justice and social security disability issues. These candidates have agreed in principle to the goals of the CLVP and are awaiting the start of the next CLVP Day Program (Phase 2, below). **In 2010, 109 men entered the Waiting List Phase; with 76 moving on to Phase 2, and 33 dropping out.**

**The CLVP Day Program (Phase 2)** – This phase constitutes formal enrollment into the CLVP, and is the orientation and preparation for advanced phases. The clients participate in 8 weeks of classes including: life skills, anger management, drug and alcohol relapse prevention, computer and internet classes, resume preparation, job interview skills, and Bible study. The Day Program clients receive formal case management to guide their progress; and must work on community service projects. At the conclusion of the session, each participates in a graduation ceremony. **In 2010, 76 clients started the CLVP Day Program with 45 successfully completing the life skills phase and graduating, with 31 dropping out.**

**Job Search and Employment (Phase 3)** – Day Program graduates begin looking for employment the first business day after graduation. The CLVP computer lab is available for job search and on-line applications. Once a client has secured a job, he submits his entire paycheck to his case manager for deposit in his institutional account. Saving comes first, and all withdraws are approved by the case manager, for essentials and limited spending money. Some graduates enter the Mission's 13-week Workforce Development Program and work on its Clean Team, 28 to 30 hrs/week, earning \$7.50/hr. Their free time is spent seeking full-time employment. **In 2010, 32 CLVP graduates (2010) transitioned into The Clean Team (Workforce Development); 2 of that total were still employed there on 12/31/10; 13 found employment in the community and were still working; 3 were incarcerated; 4 were enrolled in residential programs; 10 were unknown.**

**Mission Apartments (Phase 4)**, discussed later, under Permanent Housing (p. 14-15.)

**Post Grad Phase**—In 2010, there was an additional phase added to the Christian Living and Values Program, the “Post-Grad” Phase. Although it is not part of the *progressive* phase system, this phase provides a second chance for CLVP grads to return to the CLVP dorm after incurring a financial or substance abuse setback. The maximum time allotted is 45 days, in which the client is given the opportunity to secure employment, save money and return to either Mission or private housing.

**In 2010,**

**16** clients enrolled in the Post-Grad program  
**12** had been dismissed by 12/3/10  
     10 successful  
     2 unsuccessful

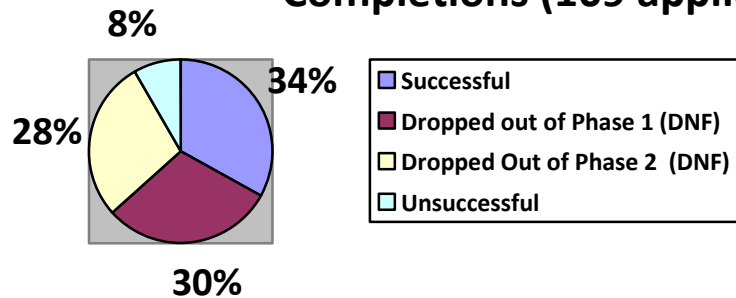
Of the **successful** completions:  
     **8** obtained permanent housing  
     **1** reconciled with family  
     **1** transferred to another facility



Josh graduated from Christian Living in 2005, and was living successfully in the community. In fall 2010, he sought assistance from the post-grad phase when his hours were cut at work. He hopes to one day attend school to become a D & A counselor to help men who struggle with addiction.

The 2 **unsuccessful** dismissals were a result of the clients’ inability to re-establish employment.

**2010 Christian Living and Values Program Applications and Completions (109 applicants)**

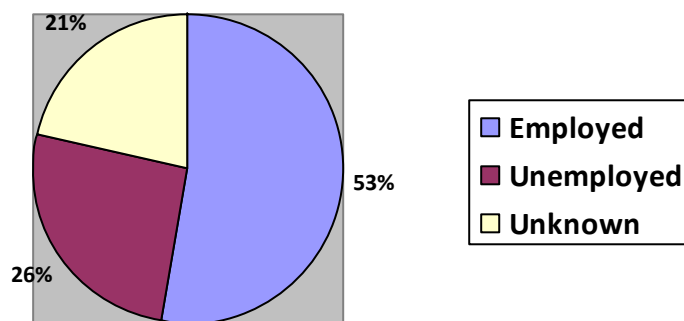


2010	
Total Applicants	109
Phase 1--Dropped out (DNF)	33
Phase 2—Dropped out (DNF)	31
Unsuccessful Completions	9
Successful Completions	36

# The Clean Team

Clean Team participants are homeless clients of the Allentown Rescue Mission, doing real work in neighborhoods of downtown Allentown, usually picking up litter on scheduled routes. They also participate in special cleanup projects which are suggested by the City of Allentown. The Clean Team is a job training program, which helps men working their way out of homelessness by teaching important values and transferable workplace skills needed to become successful. Participants have a structured schedule, through which they learn workplace safety, discipline, accountability, productivity, cooperation, workplace ethics, and teamwork skills. Graduates of the program are more competitive in getting a job, and then more productive to keep it.

## 2010 Employment Results for the Clean Team Graduates (42)



In 2010, **42** workers completed the Clean Team  
**25 completed successfully**  
**17 completed unsuccessfully**  
**13 were dismissed/**  
**fired for substance abuse issues**  
**4 failed to comply with work schedules**

**Of the 42 completions, by 12/31/10**  
**22 were employed in the community**  
**11 were unemployed**  
**9 unknown**

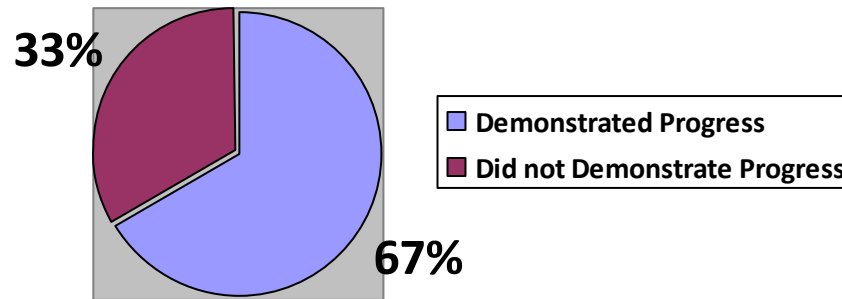
Keefe participated in the Clean Team in 2010. He said the Clean Team has helped him stay focused has helped him learn to humble himself. "God doesn't want me to sit around taking handouts, he said.



### Clean Team's Transferrable Skill Growth

The Clean Team expects its members to demonstrate increased knowledge of transferrable workplace skills. This is measured using a point scoring system.

#### 2010 Results for The Clean Team's Scoring of Transferrable Skills (42)



Of the **42** men completing the Clean Team in 2010:  
**28** clients demonstrated progress in all transferrable objectives  
**14** clients failed to demonstrate progress

A total of **41** men were employed by the Clean Team in 2009.  
**33** clients demonstrated progress in all transferrable objectives  
**8** clients failed to demonstrate progress



Far more than just picking up litter, the disciplines of the Clean Team help develop transferable skills, like safety, punctuality, and cooperation, which will be valuable at *any* job.

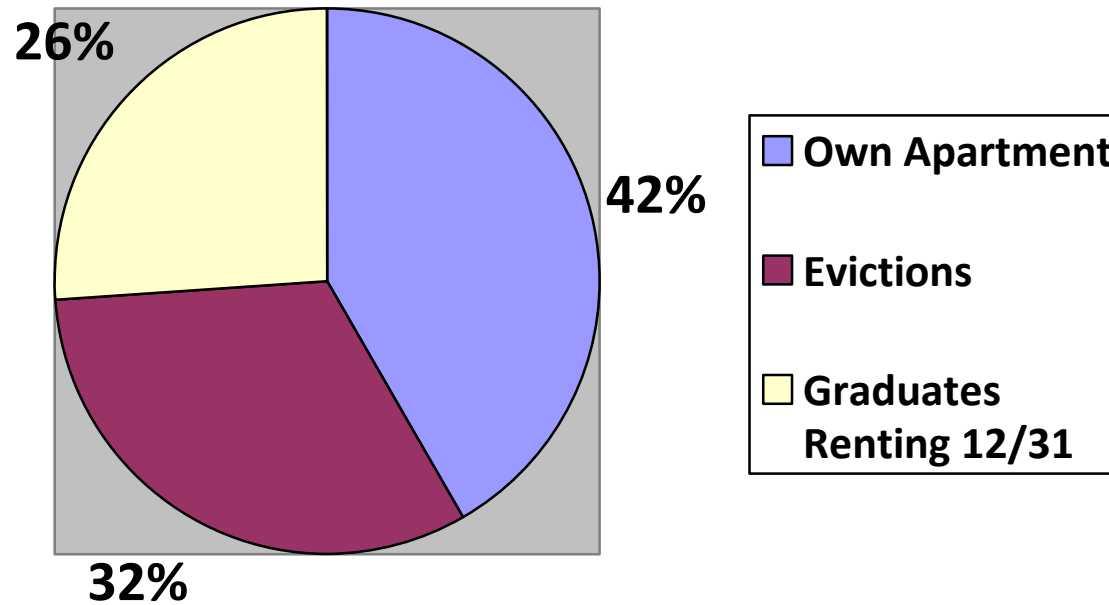
# Permanent Housing

CLVP Apartment Program (Phase 4) – Stable, affordable housing is an essential element in ending homelessness. Clients who graduate from the CLVP (Phases 2 and 3) and, obtain employment and save money in their institutional accounts, are eligible to apply for a reduced rent, shared living arrangement in one of The Mission’s CLVP apartments. There are 9 apartments which can accommodate 31 graduates in shared-living arrangements. Typically, 3 individuals will share a three-bedroom apartment or row-home. Individual rents vary from \$150 to \$375 per month depending on the size of the bedroom, amenities of the particular apartment, and sometimes, the client’s ability to pay. The “apartment men,” as they are known, must sign a 1-year, closed end lease with the Mission, and agree to additional requirements. Clients must have a home church, participate in weekly aftercare groups at The Mission, maintain employment, keep a personal budget, abstain from alcohol and drug use and agree to “full disclosure” of any rule violations they observe. Non-compliance results in removal from the apartment, either back to the Mission, or by eviction if he so chooses.



Apartments like these are “home” to formerly homeless clients of the Mission.

## 2010 CLVP Apartment Results



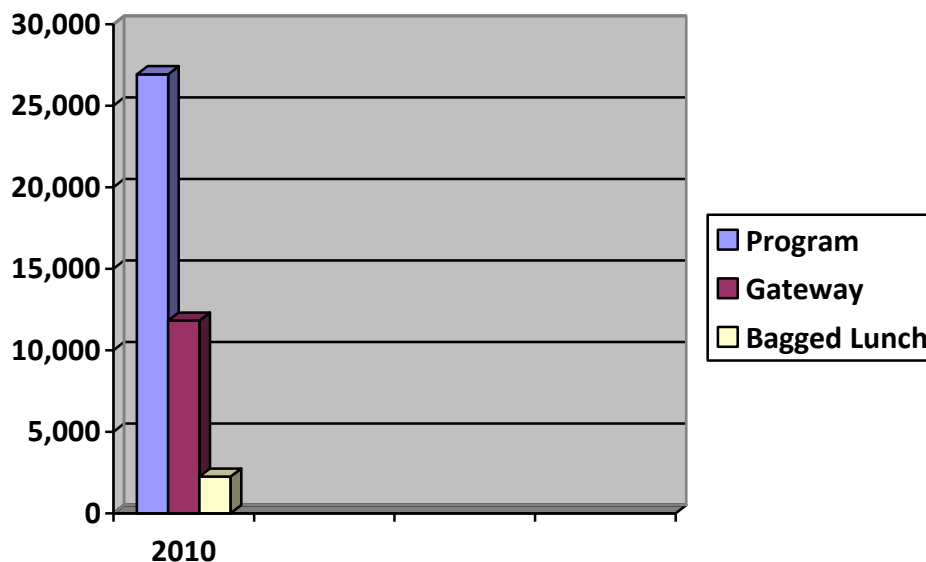
2010	
Total CLVP Apartment Tenants Served	65
Moved into own apartment	27
Evictions	21
Graduates still renting 12/31 of year	17

# Serving the Hungry—Nearly 41,000 Meals



The Mission provided nearly 41,000 meals for homeless guests in the Gateway Center and in the long-term programs.

### Meals Provided in 2010 (40,977)

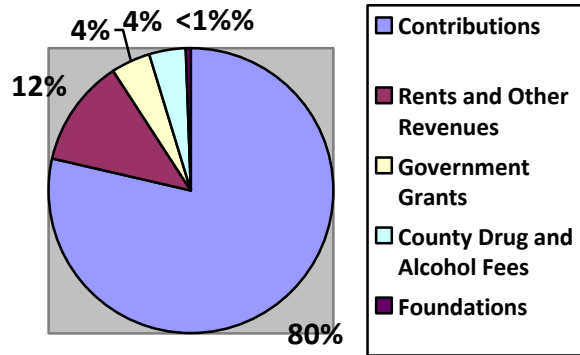


<b>Program</b>	<b>26,920</b>
<b>Gateway</b>	<b>11,810</b>
<b>Bagged Lunch</b>	<b>2,247</b>
<b>Total Meals Served</b>	<b>40,977</b>

In 2010, the Mission continued efforts to provide healthy meals for the men using its services. These efforts include limiting white sugar and adding whole grains, fresh fruits and vegetables. Many of the men seeking assistance have poor eating habits, sometimes resulting in malnutrition and illness. Food costs continue to increase, making our commitment to providing a balanced diet for our guests and clients a challenge.

**Finance** The Mission's 2010 Fiscal Year was July 1, 2009-June 30, 2010. The financial information below is taken from the Mission's FY 2010 Audited Financial Statements, which was conducted by Campbell, Rappold, and Yurasits of Allentown, PA, in July 2010. The final results were available by September 24, 2010.

**FY 2010 Income Sources**  
(excluding bequests)

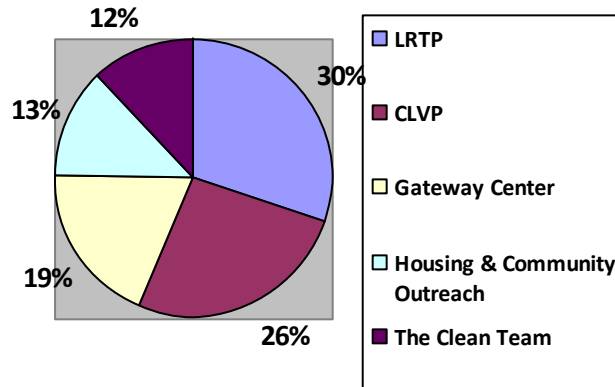


Contributions	\$1,868,575
Rents and Other Revenues	\$ 288,297
Government Grants	\$ 102,485
County Drug and Alcohol Treatment Fees	\$ 102,241
Foundations	\$ 11,600
<b>Subtotal (excluding bequests)</b>	<b>\$2,373,198</b>
<b>*Bequests</b>	<b>584,851</b>
<b>Total Income</b>	<b>\$2,958,049</b>

<b>2010 Supporting Services</b>	
Fundraising	\$601,427
Management/General	\$213,628
	<u>\$815,055</u>

<b>2010 Summary</b>	
Total Income	\$2,958,049
Program Expenses	\$2,212,697
Other Expenses	\$ 815,055
	<u>-\$ 49,703</u>

**FY 2010 Program Expenses**



Life Recovery Treatment Program (L RTP)	\$ 671,496
Christian Living and Values Program (CLVP)	\$ 567,549
Gateway Center	\$ 429,213
Housing and Community Outreach	\$ 280,822
The Clean Team (Workforce Development)	\$ 263,617
<b>Total Program Expenses</b>	<b>\$ 2,212,697</b>

**Fundraising** The following data is from calendar year 2010, based on information from the Donor Perfect database. The Mission's financial statements are based on the fiscal year (July 1-June 30.) For more detailed information, please refer to the Mission's Annual Report.

Removing Bequests (\$350,670) and Designated Funds (\$190,507) unavailable for operating expenses; receipts for Calendar Year 2010 are:

Receipts:	\$1,966,970
Donations:	42,636
Avg. Gift:	\$46.13

Website donations (927) for the year were \$90,887.51. The average gift is \$98.04.

**2010 Fund Raising Events:**

- 1. **The Kutztown Folk Festival's Chicken Feed Dinner** was held at Asbury United Methodist Church on Saturday, May 1<sup>st</sup>. This was the first Chicken Feed Dinner which replaced the Pennsylvania Dutch dinner. Raised: \$19,051



- 2. **The Newstalk 790 WAEB Spaghetti Dinner** to benefit the Mission was held at Asbury United Methodist Church Raised: \$50,116!

Bobby Gunther Walsh (left) from Newstalk 790 AM WAEB helped raise more than \$50,000 with his famous meatballs.



The Kutztown Folk Festival's Chicken Feed Dinner raised over \$19,000.

3..The “Thanks for Giving” Food and Supplies Drive gathered 26,000 pounds of food. With a conservative estimate of \$2.00 per pound of food/supplies, this would provide \$52,000 for budget relief. There were cash donations of \$93.55.



Volunteers greeted customers, collected donations, unloaded and organized literally tons of food and supplies.

# Board of Directors

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Mr. Will Hahn, Treasurer

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